

# RECETAS

RE-IMAGINING ENVIRONMENTS FOR CONNECTION AND ENGAGEMENT:  
TESTING ACTIONS FOR SOCIAL PRESCRIBING IN NATURAL SPACES

# AViTeM

Agence des Villes et Territoires  
Méditerranéens Durables

 Programme  
Horizon 2020

 Period  
03.2021 → 02.2026

 Budget  
5 019 807 €

## The projet

RECETAS aims at evaluating how nature can improve the social, mental and physical well-being of city dwellers. Activities within nature will be tested among various audiences in six cities in Europe, Latin America and Australia.

## Project goals

- Identify good practices and actors working on mental health, wellbeing and fighting against loneliness.
- Develop and evaluate innovative, participatory and sustainable nature-based solutions.
- Disseminate approved innovative solutions and encourage public policies to develop nature-based solutions and green infrastructure.

## AVITEM's role

- Carry out a study about the stakeholders network and practices in Marseille.
- Coordinate communication and dissemination activities.
- Organize the final event in Marseille.

Access project site  
[recetasproject.eu](https://recetasproject.eu)

## PARTNERS

### SPAIN

- o Barcelona Institute for Global Health (Chef de file)
- o Fundació Salut i Envelliment
- o Agència de Salut Pública de Catalunya
- o Aketh Investments Network Services

### FRANCE

- o Agence des Villes et Territoires Méditerranéens durables
- o Assistance Publique Hôpitaux de Marseille

### AUSTRIA

- o Private University for Health Sciences, Medical Informatics and Technology

### CZECH REPUBLIC

- o Charles University

### FINLAND

- o University of Helsinki

### UNITED KINGDOM

- o University of the West of England

### UNITED STATES

- o Visible Network Labs

### ECUADOR

- o University of Cuenca

### AUSTRALIA

- o RMIT University



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